



Josh Altmann comes to Baseball Institute as a Utility Instructor. Altmann played collegiate baseball for Olivet Nazarene University in Bourbonnais, Illinois where he was All-Conference twice and NCCAA All-Region once. He played for the Tigers for three years before being drafted by the Texas Rangers in the 22nd round of the 2015 MLB Amateur Draft.

“I didn’t have any accolades out of high school, I was just the normal run-of-the-mill type of ball player in high school,” Altmann said. “Then I was drafted in 2015 out of college in the 22nd round and I couldn’t have been happier. It was an amazing experience.”

Right after being chosen, Altmann was sent to the Ranger’s Rookie ball team, the AZL Rangers. Though he played the entire season in Rookie ball, he was promoted at the end of the year to High A.

“I had some pretty good numbers at AZL,” Altmann explained. “I earned a late season call up, and then was able to play a full year there this year.”

While Altmann continues to find success in the Rangers system, he has come back to spread the knowledge he has accrued over the 18 plus years of playing organized baseball.

“I want everyone I teach to be able to trust their approach. You got to have a plan when you’re in the box,” Altmann pointed out. “I’m big on self-talk; positive influence before and during an at-bat. It’s a must to be successful.”

Altmann will stay a Utility Instructor at Baseball Institute until he leaves for Spring Training in March. He looks forward giving back to the community he grew up in and preparing young athletes for the season to come.

A Josh Altmann Fun Fact: His favorite cartoon character growing up was Elmo.